



OPTIONAL PROGRAMS

Flexible Scheduling Options

Optional Childcare from 7:00 AM – 9:00 AM and 2:45 PM– 6:00 PM

Optional Lunch – Your child eats a lunch they like (because you packed it) in their classroom. Language blooms during this important part of the day, while good manners and friendship grow. Lunch is available from 11:20 AM. – 12:20 PM Students eat with friends from 11:20 AM – 12:00 PM, recess from 12:00 PM – 12:20 PM

EXTENDED DAY:

CASY's **Extended Day Program** runs daily from 12:20 PM to 2:45 PM and was designed to give students a quality preschool experience in a structured environment similar to our morning program. Low ratios provide for close supervision. Daily activities include academics, phonics, math, science, story time, craft projects, art, puzzles, building, housekeeping, and more.

Many of the activities reinforce what goes on in the mornings. In addition to our structured afternoons, we allow for supervised free-play during our Extended Day Program, as we recognize that less structured free-play encourages creativity, cooperative learning, listening and communication skills, too. Supervision and activities are directed by regular CASY Preschool Teachers.

Extended Day Program Activities include:

Mondays: Art Exploration Creating arts with various materials and tools, understanding visual arts, representation, creative thinking and imagination. At CASY Preschool, children discover and practice their technique in their own masterpieces.

Tuesdays: Gymnastics Fantastic gymnastics fun! Classes incorporate basic gymnastic moves. Strength, balance and flexibility are emphasized. There is an additional charge for gymnastics for all students, except for full-time students. Gymnastics is only available to students attending the preschool extended day program.

Wednesdays: Spanish Hola amigos! When an individual begins to learn a language at a younger age, greater proficiency is acquired. Since language learning requires a great deal of practice and application, starting early is a great advantage. Our Ms. Chayo adds fun to the day emphasizing colors, numbers, names of body parts, songs and practice common phrases. The students also enjoy reading Spanish books as a group!

Thursdays: Yoga Downward dog, flamingo pose, half-moon, bridge and cobra poses – children love to move their bodies and will enjoy our thirty-minute yoga sessions. We will practice fun-filled yoga poses and learn how to focus through proper breathing techniques all while conducting appropriate safe poses. Yoga helps students develop physical strength, flexibility, calm minds, open hearts, self-confidence, relaxation and concentration. Taught by Ms. Suzie, this is a great afternoon activity and children will learn to love the art of yoga! Namaste!

Fridays: Science Explorers Development of the curious mind might be the greatest gift we can give a preschooler. Our science explorers will improve their logic, ability to predict, vocabulary and observation skills while having fun with science.

CLUBHOUSE:

Optional **Clubhouse Program** 2:45 PM – 6:00 PM – Clubhouse is less structured and generally more relaxed than our other programs. However, children do enjoy some teacher-directed activities and projects, snack and free play in a safe and well supervised environment.

Music has played an important role in every culture throughout the recorded history. Brain research confirms that musical activity improves thinking and actually creates physical changes in the brain that no other activity can duplicate

SUMMER:

We are pleased to carry on the traditions started when CASY Preschool first opened in 1985. In 2017, we have enhanced our atmosphere and programs when we moved to our Mc Dowell Mountain Ranch location.

The perfect blend of academics, arts, and fun make our camps your best choice for summer. Student testing confirms that much academic progress is lost over the summer months. Our summer program is designed to continue your student's growth in academics (always with fun activities) in a fun camp-like atmosphere.

Thematic Explorations Our approach reinforces all the learning that occurs during the school year. In each session, we will immerse our campers in one or two high interest themes. Themes will be somewhat flexible, based on the interests of students attending each session.

INTERSESSION:

CASY offers intersessions during Spring Break and Winter Break from 7:00 AM to 6:00 PM. Our CASY teachers provide care for children whose family need safe and reliable childcare during our School Breaks. Intersessions include light learning activities interspersed with singing, dancing, art projects, free play with friends and fun!